



# Houston Ballet- Chance to Dance Program

## Learning Objectives & HISD Dance Standards

### Dance Learning Objectives:

By the end of the Chance to Dance program, students will be able to:

- Demonstrate authentic dance classroom behavior.
- Define and demonstrate basic ballet terms, including plie, tendu, releve, retire and port de bras.
- Recall and demonstrate steps, combinations, and concepts from class to class.
- Demonstrate improved coordination in motor skills such as skip and gallop.
- Demonstrate awareness of movements' relationship to music.
- Demonstrate improved impulse control, self-discipline, and self-motivation.
- Physicalize tempo, movement, and dynamics.

### Social & Emotional Learning Objectives

Competency: **SELF-AWARENESS**

Skill: SELF-EFFICACY

*Objective: Dancers will demonstrate **Self-Efficacy** by pushing themselves to participate fully; even when challenged with difficult steps.*

Competency: **SELF-MANAGEMENT**

Skills: IMPULSE CONTROL/ SELF-DISCIPLINE/ SELF-MOTIVATION

*Objective: Dancers will demonstrate **Impulse Control, Self-Discipline AND Self-Motivation** by completing steps in the time, space and energy required for excellence.*

Competency: **RESPONSIBLE DECISION-MAKING**

Skills: REFLECTING & EVALUATING

*Objective: Dancers will reflect on class success and challenges and determine strategies for improvement.*



## **HISD Fine Arts Department Dance Standards for Elementary**

DANCE.PK–2.1.1- Understand basic kinesthetic and spatial awareness individually and in groups.

DANCE.PK–2.1.2- Remember basic dance vocabulary through application of movement sequences within dance elements: body, movement, space, energy, time, and relationships.

DANCE.PK–2.1.4- Remember and replicate movement and patterns by learning and practicing basic skills of creative movement, dance genres and styles.

DANCE.PK–2.2.3- Respond through dance movements to musical accents, rhythms, and spatial directions.

DANCE.PK–2.3.1- Perform movements from dance genres and styles such as creative movement, ballet, jazz, tap, modern dance, musical theatre dance, and/or world dance forms.

DANCE.PK–2.3.4- Understand and remember proper performer, audience, and classroom behavior.

DANCE.PK–2.5.1- Remember, understand, and perform movement sequences or dances communicating and expressing feelings, concepts, and/or ideas.

DANCE.PK–2.5.2- Evaluate and explain the dance content, meanings, or social/cultural context within the dance observed and/or performed.

DANCE.PK–2.5.3- Respond to dances verbally or performing to revise movement choices based on feedback and communication of artistic intent.